



*National Charity League, Inc.*

MOTHERS AND DAUGHTERS SERVING COMMUNITIES TOGETHER

## **NATIONAL CHARITY LEAGUE, INC. ANNOUNCES RANCHO LA PUERTA AS OFFICIAL WELLNESS PARTNER**

*The Philanthropic Organization Will Partner with the World's Top-Rated Fitness Resort and Spa during Its 2018 Annual Meeting and Leadership Conference*

**LOS ANGELES (January 2, 2018)** – [National Charity League, Inc.](http://www.nationalcharityleague.org) (NCL), the nation's premier mother-daughter non-profit organization, today announced Rancho La Puerta as its exclusive wellness partner for NCL's 2018 Annual Meeting and Leadership Conference taking place April 18-20 at the Long Beach Convention and Entertainment Center.

Rancho La Puerta is one of the world's top-rated fitness resort and spas and will lead programming aligning with NCL's self-care curriculum for Ticktockers. Rancho La Puerta will conduct wellness workshops such as "Wake Up Workouts" with Zumba instruction, "Salsa y Salsa Mexican Fiesta," an interactive culinary demonstration by Rancho La Puerta's Executive Chef, Denise Roa, as well as additional fitness sessions and salsa dancing instruction.

"We are very excited to partner with Rancho La Puerta at our Conference this coming year and to expand that relationship further in the years to come," said Renee Tuzee, Executive Director and CEO, NCL, Inc. "Both our organizations are passionate about philanthropy, and with NCL's new self-care initiatives, we will work together to learn new tactics and tips from Rancho La Puerta's esteemed leader Deborah Szekely."

At the Forever NCL Sustainer Reunion Lunch, Rancho La Puerta co-founder, Deborah Szekely, will serve as the keynote speaker given her life-long commitment to volunteerism and community activism. Having founded Rancho La Puerta in Tecate, Baja California, Mexico, in 1940, Szekely remains rooted in her achievements within the volunteer, philanthropic and non-profit sectors. She has been awarded "Humanitarian of the Year" from The National Conference for Community and Justice, recognized in the Alexis de Tocqueville Society of United Way and has an honorary doctorate from San Diego State University. At age 95, she currently heads the fundraising campaign for a new San Diego branch library in her hometown.

Since its founding, the resort and spa has grown into a community dedicated to action, planning and charity work. The resort has its own foundation, Fundación La Puerta, which supports dozens of non-profit wellness, cultural, educational and ecological programs in the Tecate, Mexico, region. Szekely's daughter Sarah Livia Szekely Brightwood, President of Rancho La Puerta and Fundación La Puerta, continues her mother's focus on charity causes, with a special emphasis on the environment and social justice.

### **About National Charity League, Inc.**

Established in Los Angeles, California in 1925, and incorporated in 1958, National Charity League, Inc. is the premier organization of mothers and their daughters in grades 7-12. Currently the membership organization has 65,000 Members in 244 Chapters that thrive in 26 states nationwide. Having grown by nearly 70 percent in the last decade, those Members contributed more than one million volunteer hours to more than 3,000 local philanthropy partners last year alone. For more information or for alumnae interested in reconnecting, visit the website at [www.nationalcharityleague.org](http://www.nationalcharityleague.org) to find a Chapter in your area.

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